

L'ÉOLIENNE / Florence Caillon

CHOREOGRAPHED CIRCUS

# AuDelà

(30 mn)

AuDelà est le premier acte d'AuDelà DeNous



# AuDelà (Beyond - 30 mn)

CHOREOGRAPHED CIRCUS

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Everyday object that welcomes introspection, rest, waiting, reflection, the sofa shelters our bodies in their phases of stasis and of regeneration. It is a space of reflective intimacy. A poetic force emanates from its presence, whether it is outdoor or isolated in the middle of a theater stage.

*AuDelà* is a foray into the intimate universe of two solitary bodies. An inventive, poetic, rebellious and sometimes absurd solitude; face to face with the limits of one's own body, its uniqueness, its possibilities. Then the encounter with a fellow man. Same loneliness on the same sofa. Suddenly the movement accelerates...

*AuDelà* takes up the choreographic principles kneaded by Florence Caillon for many years: momentum, spirals, falls, balances, jumps, contortions, small everyday gestures, sluggishness, decomposition of movements, slowness. *AuDelà* relies on the energies driven by the music, following them in a very organic way: melody, rhythm, repeats, silences, calls ...

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Author, acro-choreography and staging: **Florence Caillon**

Music: **Florence Caillon**

Performers: **Caroline Mas ans** **Timothée Aïna**, alternatively with **Zoé Gaillard** and **Théo Rathuille**

Lights and technic: **Greg Desforges**

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[www.eolienne-cirque-choregraphie.com/](http://www.eolienne-cirque-choregraphie.com/) Fb : l'Eolienne Cirque Chorégraphié

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Acro-dance with a sofa apparatus  
From 7 years old

